



ROCK CLIMBING EQUIPMENT LIST

GEAR PROVIDED:

- ♦ Harnesses, helmet, belay device and all other technical equipment (i.e. ropes, carabiners, etc.).

PERSONAL GEAR YOU NEED TO PROVIDE:

- Climbing shoes comfortable enough to be worn all day.
- Light, waterproof jacket in case of inclement weather.
- Light, waterproof pants. (Optional, same as above)
- Climbing pants.
- Synthetic mid-weight top.
- T-shirt.
- Chalkbag.
- Sunglasses and sunscreen
- A day pack to carry extra clothes, water and food for the day
- Water bottle or hydration system you should have one or two quart/liter capacity
- Lunch/snack food : GU shots and Cliff bars are great.
- Camera!

Important: *let us know what you DO NOT have.*